



## Pre-K - Grade 12 ASD Physical Education Mission

ASD Physical Education students will develop health related fitness, physical competence, cognitive understanding, and positive attitudes about physical activity so that they can make lifelong wellbeing (physical, social, mental and emotional, spiritual) enhancing decisions. They will derive personal satisfaction from active participation and develop the intrinsic motivation for an active lifestyle. Students will develop social skills and understand social responsibility in a physical activity context.

### ASD Physical Education Vision

ASD is a vibrant learning community . . .  
where Physical Education learning is fun  
where Physical Education learning is active  
where Physical Education learning is inclusive  
where Physical Education learning is motivating  
where Physical Education learning is meaningful  
where Physical Education learning is challenging  
where Physical Education learning is cooperative  
where Physical Education learning is student centered  
where Physical Education learning is developmentally appropriate...

### Essential Agreements for Physical Education

Teachers will teach and assess using an agreed upon curriculum based on the Physical Education strands, standards and benchmarks.

Teachers will consider local, societal, cultural and geographical issues when designing curriculum.

Teachers will consider the needs of 21st century learners when designing curriculum by including opportunities to develop and use the 5 C's: creativity, critical thinking, collaboration, cooperation and communication.

Teachers will use student-centered methodology that is developmentally appropriate.

Teachers will differentiate instruction and content to meet the needs of all students.

Teachers will use a variety of formative and summative assessment methods to facilitate learning.

Teachers will provide opportunities for students to use and develop decision-making, problem-solving, goal setting and leadership skills.

Teachers will provide opportunities for students to use and develop fundamental movement skills, sport specific skills, creative and expressive movement skills, social and interpersonal skills.

Teachers will expect and facilitate active participation from all students and recognize effort.

Teachers will facilitate an understanding and appreciation of the benefits of lifelong regular physical activity and wellbeing.

Teachers will encourage and support physical and emotional risk taking and provide a safe physical and emotional learning environment.